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# IDENTIFICATION BY COMBINED GAS CHROMATOGRAPHY-MASS SPECTROMETRY OF CONSTITUENT LONG-CHAIN FATTY ACIDS AND ALCOHOLS FROM THE MEIBOMIAN GLANDS OF THE RAT AND A COMPARISON WITH HUMAN MEIBOMIAN LIPIDS

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#### SUMMARY

Constituent long-chain fatty acids and alcohols from the meibomian secretions of the rat were examined as trimethylsilyl (TMS) and methyl ester-TMS derivatives by capillary gas chromatography and by combined gas chromatography-mass spectrometry. The positions of double bonds and methyl branch points were determined by the mass spectra of picolinyl esters and nicotinates for long-chain fatty acids and alcohols, respectively. Fatty acids had chain lengths from  $C_{12}$  to  $C_{34}$  and were of the straight-chain *iso, anteiso* and monounsaturated types. The unsaturated acids had double bonds in the  $\omega$ -7 and  $\omega$ -9 positions. The alcohols had corresponding structures. In common with the constituent acids and alcohols of other meibomian secretions, the chain lengths of the constituents showed a biphasic distribution with maxima around  $C_{16}$ - $C_{18}$  and  $C_{25}$ - $C_{27}$ . The profile was qualitatively similar to that obtained from human meibomian secretion but with some differences in the relative proportions of certain acids and alcohols.

#### INTRODUCTION

The outer margins of the eye-lids are equipped with glands which secrete an oily film over the surface of the eye to reduce evaporation of the tear film. These are known as the meibomian glands and have recently been the subject of several investigations [1] which have shown the secretions to consist of a complex mixture of sterol and wax esters containing straight-chain, branched-chain, unsaturated and hydroxy fatty acids and alcohols. The relative proportion of these constituents appears to vary considerably with species. Baron and Blough [2], for example, have reported that the major acids of bovine meibomian secretions are *anteiso* acids with chain lengths of 25 and 27 carbon atoms. Human lipids on the other hand appear to contain more unsaturated acids, particularly 18:1,  $\Delta$ -9 [3,4] although the detailed pattern is subject to considerable inter-individual variation [5]. Hydroxy fatty acids have recently been reported in both steer and human meibomian secretions [6,7]. Secretions from rabbit meibomian glands are somewhat less complex [8] with major differences in the steroid fraction [9] from those found in steer and human meibomian extract. The mouse, on the other hand, produces a profile of lipids more closely related to that found in the human [10]. In this paper we report the results of a structural study on the constituent long-chain fatty acids and alcohols present in meibomian secretions from the rat and a comparison with the corresponding compounds obtained from human meibomian secretions.

### EXPERIMENTAL

### Reference compounds

Branched-chain fatty acids (as methyl esters) were obtained from Applied Science Labs. (State College, PA, U.S.A.). Branched-chain alcohols were prepared from these compounds by reduction with lithium aluminium hydride. Straight-chain and unsaturated fatty acids were obtained from Sigma (London) (Poole, U.K.). Reduction of these compounds gave the straight-chain and unsaturated alcohols, respectively.

### General

All extractions and hydrolysis reactions were performed in 4-ml screw-capped vials, and Pasteur pipettes were used to transfer solvents. Derivatization reactions were performed in 0.3-ml screw-capped microvials.

# Extraction of rat meibomian lipids

The eyelids were removed from eight rats (male, Charles River, Wistar, 200 g) and the meibomian glands were dissected out. These were washed with ethyl acetate to remove surface lipids by allowing them to stand in the solvent (1 ml) for 1 min. They were then slit several times with a scalpel and stood in ethyl acetate (1 ml) for 5 min. The organic solution was removed from the residual tissue which was washed with ethyl acetate (1 ml). The combined ethyl acetate fraction was evaporated to dryness and reconstituted in 1 ml of ethyl acetate for storage in the dark at 4°C. Aliquots of this solution were examined by gas chromatography (GC) and gas chromatography-mass spectrometry (GC-MS) after conversion to derivatives as described below.

# Extraction of human meibomian lipid

This was obtained by gentle lid expression and collecting the resulting secretion from the lid margin in a chalazion scoop.

## Hydrolysis of lipids

An aliquot (0.5 ml) of the meibomian gland extract was blown to dryness (nitrogen stream), dissolved in ethanol (0.2 ml) and heated at 80°C for 1 h with 1 *M* aqueous potassium hydroxide (0.05 ml). The cooled solution was then diluted with water (1.5 ml), acidified with 2.5 *M* sulphuric acid (0.5 ml), and the hydrolysed lipids were extracted with ethyl acetate (three times 1 ml). The combined ethyl acetate fraction was washed once with water (about 1 ml), twice with saturated sodium chloride solution (about 1 ml), evaporated to dryness and dissolved in ethyl acetate (2 ml) for storage. Aliquots of this solution were derivatized as described below.

# Preparation of derivatives

TMS derivatives. Aliquots of the unhydrolysed extract (0.1 ml) or the hydrolysed extract (0.25 ml) were blown to dryness and converted into TMS derivatives by heating them at 60°C for 10 min with a mixture of N,Obis(trimethylsilyl)trifluoroacetamide (BSTFA, 8  $\mu$ l) and acetonitrile (2  $\mu$ l). Samples of the resulting solution were examined by capillary column GC and GC-MS directly.

 $[^{2}H_{9}]$  TMS derivatives [11]. Samples (0.1 ml) of the hydrolysed extracts were heated at 60 °C for 10 min with  $[^{2}H_{18}]$  bis(trimethylsilyl)acetamide (5  $\mu$ l) and acetonitrile (5  $\mu$ l).

Methyl ester-TMS derivatives. An aliquot of the hydrolysed extract (0.25 ml) was blown to dryness with a nitrogen stream, mixed with an excess (0.3 ml) of ethereal diazomethane (prepared from Diazald, Aldrich) and allowed to stand at room temperature for 2 min. The solvents were then removed with a nitrogen stream. Fractions derivatized in this way were reacted further with the TMS reagent as described above.

Nicotinates. Nicotinates of the alcohols present in 0.25-ml aliquots of the meibomian gland hydrolysate were synthesized by their reaction with 0.1 ml of fresh nicotinoyl chloride [12] as described previously [13,14]. The products were reacted with BSTFA as described above.

Picolinyl derivatives [15]. Aliquots (0.25 ml) of the hydrolysed sample were blown to dryness and allowed to stand for 1 min at room temperature with thionyl chloride (0.3 ml). The thionyl chloride was removed with a nitrogen stream, and 20  $\mu$ l of a 10% solution of 3-pyridyl carbinol in acetonitrile were added. This was allowed to stand at room temperature for 1 min, the acetonitrile was blown off and the alcohols and sterols in the residue were converted into their TMS ethers by heating them for 10 min at 60°C with 10  $\mu$ l of BSTFA.

Reduction with lithium aluminium hydride. An aliquot (0.25 ml) of the hydrolysed extract was reduced with either lithium aluminium hydride or lithium aluminium deuteride in anhydrous ether using standard procedures. The products were converted into either TMS or nicotinate derivatives for examination by GC and GC-MS.

# Gas chromatography

GC separations of the TMS derivatives and methyl ester-TMS derivatives of

# TABLE I

# CONSTITUENTS OF RAT AND HUMAN MEIBOMIAN GLAND HYDROLYSATES

Peaks which were not identified were omitted.

Compound				Rat		Human	
Туре	Chain length	Chain type	Retention index	Peak No.	Percentage of total	Peak No.	Percentage of total*
Acid	12	Straight chain	16.47	3	0.047	1	< 0.01
Acid	13	Iso	17.09	5	< 0.01	3	< 0.01
Acid	13	Anteiso	17.18	6	< 0.01	4	< 0.01
Acid	13	Straight chain	17.40	7	< 0.01	6	< 0.01
Alcohol	14	Straight chain	17.63	8	< 0.01	7	0.027
Acid	14	Iso	18.07	12	0.019	10	0.044
Acid	14	⊿-?	18.13	13	0.232	11	0.057
Acid	14	4-?	18.18	14	0.291		_
Alcohol	14	Anteiso	18.36	-	_	14	< 0.01
Acid	14	Straight chain	18.44	16	0.338	15	0.174
Acid	15	Iso	19.00	19	0.257	23	0.079
Acid	15	Anteiso	<b>19.1</b> 0	20	0.171	25	0.160
Alcohol	16	Iso	19.25	22	< 0.01	27	0.034
Alcohol	16	Anteiso	19.33	23	0.018	-	_
Acid	15	Straight chain	19.40	24	0.064	28	0.114
Alcohol	16	Straight chain	19.63	25	< 0.01	30	0.051
Acid	16	Iso- <u>1</u> -7	19.75	27	< 0.01	31	0.295
Acid	16	Iso	20.08	31	0.766	37	0.633
Acid	16	⊿-7	20.15	32	7.724	38	0.723
Acid	16	⊿-9	20.21	33	1.506	39	0.826
Alcohol	17	Iso	20.29	34	0.017	40	< 0.01
Acid	16	Straight chain	20.44	35	3.990	42	0.927
Alcohol	17	Straight chain	20.65			45	< 0.01
Acid	17	Anteiso-4-7	20.89	-	_	48	0.541
Acid	17	Iso	21.00	42	0.295	51	0.093
Acid	17	Anteiso	21.10	43	1.077	53	2.134
Alcohol	18	Iso	21.20	45	0.023	55	0.048
Acid	17	Straight chain	21.36	47	0.088	57	0.062
Alcohol	18	Straight chain	21.70	49	0.019	60	0.067
Acid	18	Iso-A-?	21.75	-	_	62	0.284
Acid	18	Iso		- 0	0 5 40	0.7	0.540
Acid	18	4-9.12	22.02	56	2.748	67	0.748
Acid	18		22.07	57	0.661	_	
Acid	18	⊿-9	22.12	58	7.283	69	10.744
Acid	18	⊿-11	22.19	59	1.009	70	2.062
Alcohol	19	Anteiso	22.34	-	·	72	0.058
Acid	18	Straight chain	22.40	62	1.385	74	0.392
Alcohol	19	Straight chain	22.73	_	-	77	< 0.01
Acid	19	Iso	23.00	69	0.309	83	0.077
Acid	19	Anteiso	23.05	70	0.397	85	0.337
Alcohol	20	Iso	23.17	71	0.328	86	0.568
Acid	19	Straight chain	23.35	72	0.017	89	0.058
Alcohol	20	Straight chain	23.53	73	0.907	91	0.080
Acid	20	Iso	24.00	81	1.527	98	0.943

Compound				Rat		Human	
Туре	Chain length	Chain type	Retention index	Peak No.	Percentage of total	Peak No.	Percentage of total*
Acid	20	<b>⊿-</b> 11	24.05	82	0.078	<del>99</del>	0.135
Acid	20	<b>⊿-13</b>	24.16	83	0.363	100	0.344
Alcohol	21	Iso	24.22	84	< 0.01	101	< 0.01
Alcohol	21	Anteiso	24.30	86	0.073	103	0.382
Acid	20	Straight chain	24.37	87	0.088	104	0.047
Acid	21	Iso	25.00	91	0.133	110	0.059
Acid	21	Anteiso	25.08	92	0.465	111	0.676
Alcohol	22	Iso	25.15	93	0.129	112	0.538
Alcohol	22	Anteiso	25.23	94	< 0.01	113	< 0.01
Alcohol	22	<u>⊿-15</u>					
Acid	21	Straight chain	25.30	95	0.087	114	0.147
Alcohol	22	Straight chain	25.50	98	0.144	116	0.089
Acid	22	Iso	26.00	103	0.527	199	0.000
Acid	22	A-13	26.08	104	0.059	123	0 155
Acid	22	A-15	26.16	105	0.306	194	0.100
Alcohol	23	Anteiso	26.29	106	0.000	125	0.650
Acid	22	Straight chain	26.37	107	0.000	120	0.030
Alcohol	23	Straight chain	26.51	-	0.100	120	0.040
Acid	23	Ino	20.00	110	0.077	120	0.145
Acid	20 93	Antoiro	21.00	111	0.077	100	0.140
Alcohol	20	Inn	27.00	110	0.197	130	4 910
Alcohol	24 94	<i>I</i> -15	21.14	112	0.002	100	4.210
Alcohol	2/4 9/	<u>4</u> -17	27.20	110	0.124	107	0.090
Alcohol	24	2-17 Straight chain	27.01	114	0.429	130	1.100
Acid	24	Jao	27.01	110	0.412	140	0.010
Acid	24 94	180 A 15	20.00	119	0.869	147	1.694
Alashal	24 95	<u>4-15</u>	28.10	120	0.240	148	0.475
Acid	20	180 A 17	28.17	121	1.065	149	1.468
Alashal	24 05	Antain	00.00	100	0.000		
Alconol	20	Anteiso Starialt chain	28.28	122	0.692	151	4.155
Alashal	24	Straight chain	28.37	123	0.357	152	0.086
Alconol	20	Straight chain	28.52	124	0.032	153	0.033
Acia	25	180	29.00	129	0.220	157	0.140
Acia	20	Anteiso	29.07	131	1.099	159	1.920
Alcohol	20	180	29.15	132	10.293	160	6.207
Alcohol	20	<u>/</u> -17	29.30	133	0.892	161	1.093
Alcohol	26	<u>/</u> -19	29.33	134	0.615	162	1.119
AICONOI	20	Straight chain	29.48	136	1.397	164	0.385
Acia	26	180	30.00	141	1.244	169	1.768
ACIO	26	<u></u>	30.13	142	0.143	171	0.243
Alcohol	27	Iso?	30.18	143	0.684	172	0.425
ACIO Alesteri	26	⊿-19 At.	30.21	144	0.756	172	0.425
AICODOI	27	Anteiso	30.28	145	1.725	173	1.857
ACIO	26	Straight chain	30.36	146	0.121	174	0.135
ACIO	27	180	31.00	150	0.064	176	0.047
Acid	27	Anteiso	31.13	151	0.304	178	1.567
Aicohol	28	180	31.17	152	0.724	179	< 0.01

(Continued on p. 258)

TABLE I	(continued)
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Compound			Rat		Human		
Туре	Chain length	Chain type	Retention index	Peak No.	Percentage of total	Peak No.	Percentage of total*
Alcohol	28	<i>∆</i> -19	31.30	153	0.168	180	0.347
Alcohol	28	<b>⊿-21</b>	31.45	154	0.475	181	1.130
Alcohol	28	Straight chain	31.50	156	0.104	183	0.123
Steroid	-	Cholesterol	31.84	157	24.699	184	23.933
Acid	28	<b>⊿-19</b>	32.12	160	0.235	186	0.304
Acid	28	⊿-21	32.19	161	1.172	187	0.605
Steroid		$5\alpha$ -Cholest-7-ene-3- $\beta$ -ol	32.39	165	1.90	191	0.608
Alcohol	30	<b>⊿-21</b>	33.23	173	0.484	199	0.445
Alcohol	30	⊿-23	33.30	174	0.743	200	1.125
Acid	30	<i>∆</i> -21	34.10	181	0.252	207	0.182
Acid	30	⊿-23	34.20	182	0.960	208	0.488
Alcohol	32	⊿-23	34.14	188	0.795	216	0.303
Alcohol	32	<b>⊿-25</b>	35.30	189	0.706	217	0.140
Acid	32	<i>4</i> -23	36.14	192	0.795	222	0.193
Acid	32	<b>⊿-</b> 25	36.21	193	0.317	223	0.060
Alcohol	34	⊿-25	37.33	195	0.074	_	
Alcohol	34	⊿-27	37.37	196	0.040	_	_
Acid	34	⊿-25	38.23	200	0.060	-	_
Acid	34	⊿-27	38.30	201	0.058	-	
Total					95.531		90.466

\*Compounds with a composition of < 0.01% were not integrated.

the hydrolysed meibomian gland samples were performed with a Hewlett-Packard 5890A gas chromatograph fitted with a flame-ionization detector and a 50  $m \times 0.2 \text{ mm}$  (I.D.) bonded-phase fused-silica capillary column coated with 0.52- $\mu$ m OV-1 (Hewlett-Packard Ultra column). Helium at 2 ml min<sup>-1</sup> was used as the carrier gas and the column was programmed at 2°C min<sup>-1</sup> from 100 to 380°C. The sample was introduced by the split technique with a 10:1 split ratio and data were recorded with a Hewlett-Packard 3390A recording integrator. Peak areas were measured by the integrator and quantities of the individual compounds are listed in Table I and are expressed as percentages of the total integrated area.

### Gas chromatography-mass spectrometry

Packed-column GC-MS analyses were performed with a VG Micromass 12B mass spectrometer interfaced to a VG 2050 data system and via a glass jet separator to a Varian 2440 gas chromatograph. The GC column was  $2 \text{ m} \times 2 \text{ mm}$  (I.D.) glass, packed with 3% SE-30 on 100–120 mesh Gas Chrom Q (Applied Science Labs., State College, PA, U.S.A.). Operating conditions were: column oven, temperature programmed from  $150^{\circ}$ C to  $340^{\circ}$ C at  $4^{\circ}$ C min<sup>-1</sup>; injector, separator and ion source temperatures, 300, 300 and  $280^{\circ}$ C, respectively; carrier gas, helium at

30 ml min<sup>-1</sup>; accelerating voltage, 2.5 kV; electron energy, 25 eV; trap current, 100  $\mu$ A; scan, 3 s decade<sup>-1</sup>, exponential, repetitive.

Capillary column GC-MS was performed with a VG Micromass 7070F mass spectrometer interfaced to a Varian 2440 gas chromatograph and to the above data system. The column was a 50 m×0.3 mm (I.D.) fused-silica OV-1 (film thickness, 0.52  $\mu$ m) capillary terminating inside the ion source. Operating conditions for the column were as above, those for the mass spectrometer were: electron energy, 70 eV; trap current, 1 mA; accelerating voltage, 4 kV. Spectra were obtained at a scan speed of 1 s decade<sup>-1</sup>. Single-ion chromatograms were recorded with the mass spectrometer tuned to m/z 103 or m/z 74.

#### **RESULTS AND DISCUSSION**

### Compound identification techniques

Compound identification was based on the GC-MS properties of TMS and methyl ester-TMS derivatives, picolinyl esters and nicotinates. Spectra of reference compounds were obtained from available compounds. Retention increment and mass spectrometric differences between the TMS and methyl ester-TMS derivatives gave clear differention between acids and alcohols and peak identity was further confirmed with the aid of single-ion chromatograms of m/z 103 for alcohols and m/z 74 for acids using the methyl ester-TMS derivatives. Furthermore, structural identity between corresponding acids and alcohols was confirmed by reduction of the acids in the total extract to alcohols with lithium aluminium deuteride. Fractions were examined as TMS esters or as nicotinates. The deuterium incorporation enabled the fraction of the alcohol peak arising from reduction of an acid to be determined. Mass spectra of the picolinyl [15] and nicotinate [14] derivatives provided unambiguous structural information regarding the positions of methyl branch points and double bonds.

### Constituents of meibomian lipids

Fig. 1 shows the GC profile of the TMS derivatives of the constituent longchain fatty acids and alcohols from the rat meibomian lipids. Peak identity and relative compositions are given in Table I for the 95.531% of the constituents that was identified. Samples taken from different batches of rats at different times gave qualitatively equivalent results. Tests of the relative responses given by the long-chain fatty acids and alcohols at the flame-ionization detector showed these to be similar with the fatty acid methyl esters giving a 13% greater response than the corresponding TMS ethers of alcohols having an equivalent chain length. The results shown in Table I have not been corrected for this difference. The major constituent was cholesterol (peak 157). The acids and alcohols were mainly members of five series having straight chains, iso and anteiso branched chains and  $\omega$ -7 and  $\omega$ -9 monounsaturated chains. The most abundant acids had chain lengths in the  $C_{16}$  range whereas the alcohols tended to have longer chains with the iso-C<sub>26</sub> alcohol (peak 132, 10.293%) being the most abundant. Compounds with the longest chains, C<sub>28</sub> and above, were only found with monounsaturation and an even number of carbon atoms. One diunsaturated acid (linoleic acid, peak



from 100 to 380°C at 2°C min<sup>-1</sup>. Peak identification is given in Table I.



Fig. 2. Separation of constituent acids, alcohols and sterols from hydrolysed meibomian lipid from the human under the same conditions as those for Fig. 1. Peak identification is given in Table I.

56) was found and trace quantities of unsaturated branched acids were also present.

Peak 73 was a 1,2-diol but was not fully characterised as its bis(nicotinate) derivative had a retention time similar to that of the *iso*- $C_{26}$  alcohol and the resulting mixed spectrum could not be interpreted. Some of the peaks eluting just ahead of the major  $C_{18}$  acids also appeared to be diols but were not characterised further.

Two other steroids were found in addition to cholesterol. Peak 165 was identified as  $5\alpha$ -cholest-7-ene-3- $\beta$ -ol (lathosterol) TMS ether by a comparison of its retention time [16] and mass spectrum [17] with those from the literature. This steroid has also been reported as a constituent of rat sebum [18]. In addition, one of the peaks in the 167–172 region appeared to be a methyl sterol but it was not further characterised.

Fig. 2. shows a corresponding chromatogram of the constituent acids, alcohols and sterols from a representative human meibomian gland secretion recorded under the same conditions as those used for the rat meibomian extract. Peak identification is again given in Table I. The quantities of the compounds found were very similar to those reported for other human meibomian secretions [4]. Qualitatively, this profile was very similar to that from the rat in that the acids and alcohols present were very similar. Quantitatively, however, there were some major differences. The human lipid had a higher relative concentration of iso-C<sub>24</sub> and *anteiso*-C<sub>25</sub> alcohols whereas lipid from the rat had a much higher concentration of the 16:1 acid. The profile from the mouse, reported in our previous study, did not have the same large range of monounsaturated alcohols that was found in these samples although they were present in low concentration. In addition, the relatively large C<sub>18</sub> diol found in the rat extract was not present in that from the human.

Of the species whose meibomian secretions have been examined (human, steer, mouse, rat and rabbit), most show a profile similar to the ones reported in this paper in that they show a biphasic distribution of chain lengths with similar branched-chain and unsaturated acids and alcohols. The rabbit, however, has a much more simple profile without significant concentrations of unsaturated compounds. The steroid profile is also very different.

No attempt was made to separate the sterol and wax esters from the unhydrolysed lipids or to determine their compositions. However, spectra of intact wax esters were recorded from an unhydrolysed sample. These showed that the major components corresponded to esterification between the most abundant acids and alcohols. Thus the major peak was a  $C_{42}$  ester containing the 16:1 acid and the *iso*- $C_{26}$  alcohol.

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